

The Seven Key Spiritual Awakenings

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In this essay, I will talk about what I consider the most significant spiritual awakenings.

Please note that we call these awakenings “awakenings” since they seem to happen suddenly and yet they are never instantly complete, just like waking up in the morning. These awakenings always have a period of deepening, and this deepening can last years or even lifetimes. During this time, these concepts are transformed from mere ideas into a living truth that burns within your soul.

Also note that these awakenings can occur in any order or in any combination, including all at once. So with that in mind, here is my opinion of the most significant awakenings.

1) You have a soul.

This can be revealed directly through a personal experience or by the study of certain experiences such as Out-of-Body Experiences (OBEs), conscious memory of past lives, communication with spirits who have passed away, and Near-Death Experiences (NDEs). I don't write much about these subjects since there are many other excellent authors who offer fascinating books on all of this.

2) You exist fundamentally as pure Awareness, not as a body or even as a soul.

3) There is only One Awareness.

4) This Awareness arises as each and every thing it is aware of. This is why my mentor, Timothy Conway, and I refer to this awareness as “Source-Awareness.”

I wrote about the above three awakenings in this essay:

The Loving Heart of Enlightenment

A summary overview of spiritual awakening in simple, clear English

<https://infinitelymystical.com/essays/the-loving-heart-of-enlightenment.html>

5) There is a difference between Awareness and consciousness.

In the following essay, I cover many points and one of them is the difference between Awareness and consciousness. But for right now, let me just say that consciousness is the window through which the One Awareness looks. While there is only One Awareness, it looks out into the world through the body and soul (personal consciousness) of every person.

You can read more here:

What Is Enlightenment?

<https://infinitelymystical.com/essays/what-is-enlightenment.html>

6) The core beliefs, emotions and actions of each person create the experiences and circumstances of that person.

A significant awakening occurs when a person shifts from what is often called “unconscious creation” to “conscious creation” but I should quickly point out that this does not mean that they can then be, do and have whatever they want. It means that they can more easily live a life much more closely aligned to the life they choose before they incarnated. They can be reasonably happy most of the time while being a kind and compassionate person.

You can read more here:

Seth: “You create your own reality!”

And why I make a distinction between Seth and “The Secret”

<https://infinitelymystical.com/essays/seth-you-create-your-own-reality.html>

... and here:

Bashar and the Law of Attraction

<https://infinitelymystical.com/essays/bashar-and-the-law-of-attraction.html>

7) Your outer circumstances have no power over your inner emotional state of being. You can choose to be happy and at peace at every moment.

This is what the Buddhist call “detachment” but that is a very misunderstood word. You are not detached from the world. Instead, you are fully engaged in life and you let all your emotions arise naturally while dwelling in a Divine Bliss that is deep enough to hold all human emotion. You are available to express kindness and compassion at any time, with anyone, including yourself. More here:

How to Let Go of Fear and Worry

<https://infinitelymystical.com/essays/how-to-let-go-of-fear-and-worry.html>

... and here:

Mystical Optimism: How to Glow with the Flow!

<https://infinitelymystical.com/essays/mystical-optimism.html>

As you take your time to ponder what I offer, perhaps you will begin to see why I like to say:

You are the mountains, you are the rivers, you are the sea. You are the sky, you are the sun, you are the moon. You are all of created reality and yet you are none of that fundamentally. All of creation is what you are in a nonfundamental way. Fundamentally, you are pure Awareness, Source-Awareness, the Divine Source of everything. You are the dream and you are the Dreamer.

As you can see, I offer plenty of free essays that present the most important points regarding enlightenment and spiritual awakening. If you enjoy these essays, perhaps you will be inspired to check out my book which might bring you even greater clarity.

I also want to point out that this wisdom unfolds more freely and completely when there is a dynamic two-way conversation between us. This is why I offer various ways for us to interact. So again if you are inspired, check out my website and pick the way you like.

I hope this essay has been helpful to you.

In truth, I honor your divine nature.

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